



**MEHILÄINEN'S  
WORKING LIFE SERVICES**

Price List for 2024



WORKING LIFE SERVICES  
MEHILÄINEN

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# OCCUPATIONAL HEALTH CARE

## Proactive Occupational and Disability Prevention Services

Occupational health services include, among others, workplace surveys, the creation of action plans with the related negotiations and health examinations, and counseling and guidance of individuals/groups. Activities are carried out by a multi-professional team consisting of an Occupational Health Physician and an Occupational Health Nurse, as well as an Occupational Psychologist and an Occupational Physiotherapist. In cases where assessing working capacity is required, the team will be complemented by Specialists or Experts in Social Services, if necessary.

Occupational Health Nurse .....	121,10 €/hour
Occupational Health Physician* .....	245,50 €/hour
Occupational Physiotherapist.....	129,10 €/hour
Occupational Physiotherapist's direct appointment .....	135,60 €/hour
Occupational Psychologist.....	216,30 €/hour
Work Coach, Expert in Social Services .....	167,00 €/hour
Physiotherapist.....	110,20 €/hour
Physiotherapist OMT or other expertise.....	140,20 €/hour
Dietitian.....	166,80 €/hour

### Targeted Group Guidance that Includes the Provision of Information and Counselling.

The preparation time is included in the price. Minimum payment 1 hour.

Occupational Health Nurse .....	266,60 €/hour
Occupational Health Physician* .....	678,80 €/hour
Occupational Physiotherapist.....	284,20 €/hour
Occupational Psychologist.....	649,00 €/hour
Dietitian.....	595,00 €/hour

*\*The price of an occupational health physician is 5% higher than the occupational health physician's price indicated in the price list.*

## Other Proactive Services

### First Aid Training

FRC Emergency First Aid 4 h <sup>®</sup> classroom education or webinar.....	730,00 €/course
FRC Emergency First Aid 8 h <sup>®</sup> classroom education, webinar or combination course* .....	1030,00 €/course
FRC First Aid Course EA 1 <sup>®</sup> (16 h) classroom education, webinar or combination course** .....	1740,00 €/course
FRC First Aid Course EA 2 <sup>®</sup> (8 h) classroom education, webinar or combination course** .....	1160,00 €/course

*\*Online fee 15 € per participant will be added to the Emergency First Aid (8h)<sup>®</sup> combination course price.*

*\*\*Online fee 30 € per participant will be added to the EA 1<sup>®</sup> (16h) combination course price.*

*The above mentioned FRC first aid training prices are always added to the valid VAT as well as the course certificate/card €19.95 + VAT/participant or mobile certificate €17.15 + VAT/participant. The FRC will confirm the certificate prices for 2024 at the end of 2023.*

### Health Status Tests Related to Working and Functional Capacity Evaluation

Extensive test (incl. elements such as muscular strength and mobility + aerobic fitness) .....	293,60 €/instance
Concise test (muscle strength and mobility OR bicycle ergometer test) .....	191,80 €/instance
Walking test .....	129,10 €/hour
Compilation of an individual exercise plan.....	129,10 €/hour

## Services Provided by an Occupational Psychologist

Group support for crises (2 therapists always present in severe cases).....	370,80 €/hour/counselor
Conflict resolution and conciliation (in especially demanding situations always with two counselors).....	370,80 €/hour/counselor
Support in life-changing situations, e.g. cooperation negotiations.....	370,80 €/hour/counselor
Annual Mental Health Maintenance.....	270,00 €/person
Occupational health sparring 45 min – 5 times (also carried out by a psychotherapist)....	1081,50 €/person

## Digital Services for the Monitoring of Sickness-Related Absences and for Disability Prevention Management

CorporateMehiläinen (includes, e.g., reporting) .....	Free of charge
WorkAbilityCompass and Superior's Compass .....	Please request a quote
Additional analyses and advanced analytics.....	Please request a quote

## Health Care Services

### Occupational Health Nurse

Appointment, up to 10 min.....	25,20 €
Appointment, up to 20 min.....	39,20 €
Appointment, up to 30 min.....	58,50 €
Appointment, up to 45 min.....	87,40 €
Appointment, up to 60 min .....	113,40 €
Counselling via telephone/e-mail/the OmaMehiläinen service.....	25,20 €/instance
Phone calls over 10 minutes, according to the time used.....	113,40 €/hour

### Occupational Health Physician\* and General practitioner

Appointment, up to 10 min.....	41,90 €
Appointment, up to 20 min.....	71,10 €
Appointment, up to 30 min.....	106,70 €
Appointment, up to 45 min.....	159,00 €
Appointment, up to 60 min .....	211,10 €
Counselling via telephone/e-mail/the OmaMehiläinen service.....	36,90 €/instance
Phone calls over 10 minutes, according to the time used.....	211,90 €/hour
Renewal of prescriptions (for 1–2 medications).....	35,30 €

### Statements and Certificate

Driving licence certificate.....	38,10 €/instance
T certificate.....	44,80 €/instance
A certificate.....	Free of charge
B statement, concise.....	102,90 €/instance
B statement, extensive.....	154,70 €/instance
B statement, highly demanding, charged for according to the time used* .....	245,50 €/hour
Medical examination for seafarers .....	288,80 €/hour
Drug test statement .....	43,60 €/instance

*\*The price for Specialist in Occupational Healthcare is 5 % higher than the informed price for Occupational Physician.*

### Psychotherapy services

Short-term psychotherapy (10 or 20 visits).....	216,30 €/45 min
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## Digital Clinic Services

### Digital Clinic's physician services

General practitioner's appointments.....	54,90 €/instance
Prescription renewal.....	36,40 €/instance
Assessment of treatment needs.....	28,00 €/instance

### Digital Clinic's nurse services

Guidance and instructions.....	22,00 €/instance
Nurse appointments.....	32,70 €/instance

### Digital Clinic's occupational health professionals' services

The prices of the appointments of occupational health professionals at the Digital Clinic's Occupational Health Care Centre are determined according to the occupational health price list of the respective professional (e.g. occupational health physician).

Weekends and public holidays do not affect Digital Clinic's pricing.

## OCCUPATIONAL WELL-BEING SERVICES

### Services for individuals

Occupational counselling (carried out by an occupational psychologist).....	272,30 €/hour
Health examinations and well-being plans for key personnel.....	Please request a quote
Firstbeat Life (incl. meter + starter kit + license for 12 months).....	30,00 €/person/month

*Other options are priced separately. Possible appointments with professional are invoiced separately.*

### Work community services

Occupational counselling in group (carried out by an occupational psychologist).....	481,80 €/hour
Group coaching (carried out by an occupational psychologist).....	599,50 €/hour
Work community diagnostics, surveys and questionnaires.....	Please request a quote
Coaching processes, lectures and webinars.....	Please request a quote

### Services for management and leadership

Coaching for supervisors (carried out by an occupational psychologist).....	395,60 €/hour
Supervisor coaching.....	Please request a quote
Management team coaching.....	Please request a quote

*Read more on occupational well-being services, groups and training in the health and well-being service store at [mehilainen.fi/yrityksille/palvelukauppa](https://mehilainen.fi/yrityksille/palvelukauppa).*

*VAT 24 % is added to the well-being services if necessary.*

## OCCUPATIONAL DENTAL CARE

Service	Price €	Deductible €
Dental check-up.....	81 €.....	65,5 €
Dental X-ray of the teeth and jaws.....	115 €.....	106 €
Tartar removal.....	107-189 €.....	102-171 €
Dental fillings.....	101-276 €.....	91-253 €
Ceramic filling.....	271-753 €.....	254-679 €
Dental crown.....	600-734 €.....	600-734 €
Anaesthesia.....	39-40 €.....	36-37 €
Chipped tooth.....	107-189 €.....	91-253 €
Tooth extraction.....	115-771 €.....	105-709 €

# LABORATORY TESTS

## Basic Laboratory Examinations

Chemistry, haematology, microbiology

Code	Abbreviation	Name	Price (EUR)
1024	P-ALAT	Alanine aminotransferase	32,70 €
4084	cU-Alb-Mi	Albumin/microalbuminuria, collected urine	50,20 €
4587	P-AFOS	Alkaline phosphatase	32,70 €
3834	S-IgE-Ps	Allerg. immunoglobulin E, basic screening	85,10 €
5719	S-AllComE	Allergen IgE antibodies, screening and component specific analysis	192,00 €
4589	P-Amyl	Amylase, plasma	39,20 €
20705	S-Apot	Apolipoproteins (LlipoB, -A1 and ratio B/A1)	78,50 €
1137	S-B12-Vit	Vitamin B12	63,10 €
3442	F-BaktVi1	Bacteria, culture 1, faeces (Salm., Shig., Yers., Campy.)	85,40 €
3443	F-BaktVi2	Bacteria, culture 2, faeces (Clostr., Staph. Candida)	80,50 €
21088	F-BaktVIP	Enteric bacteria, feces, detection of nucleic acids and culture	92,60 €
1155	U-BaktVi	Bacteria, culture, urine	46,10 €
2471	S-BopeAb	Bordetella pertussis, antibodies	81,10 €
3552	S-BorrAb	Borrelia, antibodies	95,50 €
1738	CtGcNhO	Clamidia trach. + Neisseria gonorrh., detection of nucleic acid	89,90 €
4594	P-CRP	C-reactive protein	41,10 €
142	S-hCRP	C-reactive protein, sensitive	43,00 €
4101	S-CDT	Carohydrate deficient transferrin	73,40 €
1220	S-D-25	Vitamin D 25(OH)	84,10 €
1395	S-Ferrit	Ferritin	58,30 €
4113	P-FIDD	Fibrin D-dimers	71,70 €
12510	B-Peth	Phosphatidylethanol	96,70 €
1468	fP-Gluk	Glucose	32,70 €
4597	P-GT	Glutamyl transferase	32,70 €
6314	F-HepyNhO	Helicobacter pylori, feces, detection of nucleic acids and sensitivity to clarithromycin	123,30 €
3950	S-HepyAb	Helicobacter pylori, antibodies	74,80 €
6128	B-HbA1c	Haemoglobin A1C, glycosylated	68,50 €
1608	S-HBsAb	Hepatitis B virus, S antigen, antibodies	65,60 €
3815	S-HCVAb	Hepatitis C virus, antibodies	76,30 €
4814	S-HIVAgAb	HI-virus, antigen and antibodies	55,00 €
10539	U-DS6A	Drug test, 6 analytes	151,00 €
4746	Influenza A+B Ag	Influenza A+B viruses, antigen	64,60 €
1999	P-K	Potassium, plasma	30,90 €
10068	P-Ca-albk	Calcium, albumin-corrected	59,20 €
7979	S-Kelia-Se	Celiac disease, screening (S-tTGAbA, S-IgA, when needed S-tTGAbG)	102,10 €
7821	S-Kelia-M	Celiac disease, medium (S-IgA, S-EMAbA, S-tTGAbA, when needed S-tTGAbG)	154,40 €
1881	U-KemSeul	Chemical screening, urine	23,20 €
2124	U-hCG-O	Chorionic gonadotropin, qual., urine	54,80 €
2142	P-Krea	Creatinine	32,70 €
4614	B-Lakt-D	Lactose intolerance, DNA test	89,10 €
2203	B-La	Erythrocyte sedimentation rate	21,70 €

6027	P-Lipidit	Lipids (chol., non-HDL, LDL, triglycerides)	73,90 €
21799	Pt-FIB-4	Liver fibrosis score calculator (trom, ASAT, ALAT)	110,20 €
2360	S-MonAbO	Mononucleosis, antibodies (qual.)	38,20 €
4522	S-MypAbM-O	Mycoplasma pneumoniae, IgM-antibodies (qual.)	69,60 €
3622	P-Na	Sodium, plasma	34,70 €
7917	Ps-NieluAg	Throat infection antigens (S. pyogenes and adenovirus)	77,30 €
6375	F-ParaNhO	Parasites, feces, detection of nucleic acid	124,60 €
2474	B-PVK+T	Basic blood count and blood platelets	51,40 €
10795	S-PSAtot+V	Prostate-specific antigen, total and free	100,30 €
1775	S-PuumAb	Puumala virus, antigen	106,10 €
7971	Np-RespPer	Respiratory infection antigens, from nasopharynx (5 pathogens)	177,60 €
3550	S-RF	Rheumatoid factor	42,60 €
2608	F-SalmVi	Salmonella, culture	44,80 €
4744	S-CCPAb	Citrulline peptide, antibodies	57,90 €
3635	Ps-StrAAg	Streptococcus pyogenes A, antigen, throat	50,60 €
2703	Ps-StrVi	Streptococcus pyogenes A, culture, throat	44,80 €
143	S-Testo-vl	Testosterone, free, calculated (mass spectrometry)	107,00 €
1949	S-TfR	Transferrin receptor, soluble	64,80 €
4520	P-INR	Thromboplastin time, INR	39,30 €
4464	P-TnT-O	Troponin T (qual.)	63,90 €
4028	S-TPO-Ab	Thyroid peroxidase, antibodies	64,40 €
2832	S-TSH	Thyrotropin	70,50 €
2836	S-T4-V	Thyroxine, free	82,70 €
3696	B-TVK	Complete blood count	76,40 €
4533	P-Uraat	Urate, plasma	41,90 €
2985	S-YersAb	Yersinia, antibodies	56,10 €

## Health Examination Packages

7932	Examination 1 (no fasting)	PVK+T, Lipidit, Apot, HbA1c, Krea, ALAT, GT	278,20 €
7933	Examination 2	B-PVK+T, fP-Lipidit, fP-Gluk, P-ALAT, P-GT	168,00 €
8965	Examination 2b (no fasting)	B-PVK+T, P-Lipidit, P-ALAT, P-GT, B-HbA1c	169,80 €

## Pathology

4054	Ts-PAD-1	Tissue sample, histological examination, 1-3 samples from the same set	102,80 €
4054A	Ts-PAD-1X3	Tissue sample, histological examination, 3 separate samples	203,90 €
4044	Pt-Papa-1	Pap smear	76,80 €
3053	-Syto	Pap smear (sample area must be stated)	105,30 €

## Clinical Physiology and Neurophysiology

1270	Pt-EKG-12	ECG, 12 leads, resting	79,60 €
28581	Pt-PEF-PaO	PEF, series + no statement	100,00 €
6007	Pt-FVSpIDO	Flow volume spirometry and bronchodilation + no statement	117,40 €
1301	Pt-ENMG-1	Electroneuromyography, concise	357,00 €
1302	Pt-ENMG-2	Electroneuromyography, standard	494,90 €

## Other fees

Laboratory sampling fee in separately agreed contracts	35,00 €
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# MEDICAL IMAGING EXAMINATIONS

## The Most Common X-Ray Examinations

Code	Name	Price (EUR)
	Native X-ray examinations of bones and joints .....	150,60 €
	Thorax, X-ray of the paranasal sinuses .....	150,60 €
HA1RA .....	Mammogram, extensive (incl. ultrasound scan) .....	295,00 €

## The Most Common Ultrasound Scans

	Examinations of joint, tendon and soft tissues.....	344,80 €
BA1AE.....	Thyroid gland examination .....	309,10 €
JN1AE.....	Examination of the upper abdomen .....	387,30 €

# OTHER SERVICES AND FEES

## Annual General Fees

General fee per employee per year (subject to compensation by Kela) .....	38,00 €
In addition to the general fee, an annual service fee, determined by the total number of employees, will be charged for each employee (not subject to compensation by Kela).	
1-3 employees .....	89,00 €
4-10 employees .....	61,00 €
11-50 employees .....	32,00 €
More than 50 employees.....	22,00 €

## Entrepreneurs with no other employees

A general fee per entrepreneur per year (subject to compensation by Kela).....	38,00 €
A service fee per entrepreneur per year (not subject to compensation by Kela).....	69,00 €

## Kanta fee

Including electronic medicine prescription. The fee applies to an appointment or remote contact, where an entry is made in the Kanta data repository..... 3,70 €/appointment or remote contact

## eQuestionnaires

eQuestionnaires as part of a health check or as a wellbeing survey .....	25,00 €
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## Coordination Work

Coordination work by a coordinative occupational health nurse.....	121,10 €/hour
Account managers' work.....	121,10 €/hour
Key account physicians' work* .....	249,70 €/hour
Coordination work by a coordinative occupational health psychologist.....	216,30 €/hour
Coordination work by a coordinative occupational physiotherapist .....	129,10 €/hour

## Record Transfers

Transfer of patient health records from Mehiläinen to another service provider..... 154,90 €/hour  
(charging is by the time used; minimum fee per 60 minutes)

Transfer of patient health records in paper form by the Occupational Health Nurse.....121,10 €/hour  
(charging is by time used; prices are given per 60 minutes)

Registering of sick-leave certificates from other service providers.....121,10 €/hour

## Invoicing Fees

The service fee for consolidated invoicing is 6-8% + VAT of the invoice amount.

Paper invoice .....7,50 €/instance

## Reception at the Customer's Premises

Occupational Health Nurse .....121,10 €/hour

Occupational Health Physician\* .....245,50 €/hour

Occupational Physiotherapist..... 129,10 €/hour

Occupational Psychologist.....216,30 €/hour

## Evening and Weekend Work by the Occupational Health Nurse or Occupational Physiotherapist\*\*

Evening work, Mon.-Fri., 6pm-10pm .....15% increase

Night work, 10pm-7am ..... 50% increase

Saturday work, 7am-6pm ..... 20% increase

Sunday work (from 6pm on a Saturday or the eve of a national holiday) .....100% increase

## Evening and Weekend Work by the Occupational Health Physician\*, Psychologist\*\* and General practitioner

Mon.-Fri., 7am-9pm, in accordance with the price list

Saturdays: 7am-6pm ..... 30% increase

Evening and night work, Mon.-Fri., 9pm-7am.....100% increase

Sat.-Sun., 6pm-7am (Monday morning) and national holidays .....100% increase

*\*The price for Specialist in Occupational Healthcare is 5 % higher than the informed price for Occupational Physician.*

*\*\*Also applies to appointments at the customer's premises.*

**'No-Show' Appointments:** A booked appointment can be cancelled free of charge if the cancellation is made at least 24 hours before the booked time. For uncancelled and cancelled appointments cancelled after this time, we will charge the employee the full price of the booked service. Appointed workplace visits, surveys and consultations must be cancelled no later than three (3) business days prior to the scheduled time. For lectures and other group services, we will charge for the portion of the work completed by the time of cancellation, provided the cancellation is made at least two (2) weeks prior to the scheduled time. For cancellations made after this time, we will charge the agreed price for the service.

**Travel Expenses:** If necessary, travel costs and time used for traveling, as defined in the State Travel Regulations, will be added to the charge.

**Equipment and Medicines:** Separate charges apply to equipment, medicines, and hospital facilities, etc. used in operations.

*An employer can apply for reimbursement from Kela for occupational health care costs in accordance with the principles of good occupational health care. More information on occupational health care expenses reimbursed by Kela (in Finnish): [kela.fi/korvattavat-kustannukset](https://kela.fi/korvattavat-kustannukset)*

*Unless otherwise stated in writing, the prices are exclusive of VAT. VAT is not charged for the sales of occupational health services that can be considered health care services, as specified in the VAT legislation. If taxable services or products are sold with health care services, VAT will be added to the prices of these services and products. If the sales are later deemed taxable, the vendor has the right to collect VAT from the buyer at the applicable tax rate.*

*This price list is valid from 1 January 2024 until further notice. Mehiläinen reserves the right to review the prices and services if healthcare-related regulations, regulatory decisions or research practices are changed or the cost of occupational health care changes significantly.*



WORKING LIFE SERVICES

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MEHILÄINEN